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Your Honor Ted S. Rakoff:

I want to bring attention to. I have been requesting from Byche dept. here at MCC from Mrs. Miller a Psych Evaluation since I arrived in Nov. She explained they were going to bring in outside doctor to see what was going on inside my mind day of incident, I was not in right STATE OF mind at time. I have asked when is outside Doctor going to do Psych Evaluation. The Psychologist I was working with Mrs. Lily. I then asked & Email several times since day 1 in Nov. when was I going to see doctor see Psych Evaluation. Also, I find out you Judge Your honor have to request a Psych Evaluation, which should have been done first days I arrived here at MCC in Nov. I was placed in a very traumatic situation & Trauma, which really messed up my state of mind. I was placed in <sup>5th</sup> 9 South G Tier for first 60 days. I SUFFERED From hearing voices, seeing lighting around fixtures. It added from my past deep levels depression, High Anxiety, nervous condition, Vertigo room Spins, overly emotional, loner, memory, Deep trauma. I brought the problems to Psychologists they recommended Psychologist. The Psychologist says he could not help with medication. The Psychologist

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medication. My anxiety, Vertigo, panic attacks, depression, nervous condition, being in enclosed space, mental state are getting worse. I ask for help Psychologist & Psychology & they pass the problem off. It is getting very bad every 15 minutes I get up from cell bed & jump up walk Cell cell night long. The traumatic situation is overwhelming, today again main line MCC, I attack the problems needing help & both Psychologists & Psychologist give me the run around again. It all added to my problems I arrived with state from abuse Steroids over 40yrs, nervous condition, depression, panic attacks, enclosed space, Robias, Shy Sleep appermental condition, Plus I have never been in jail before my first Federal offense ever. Your Honor, as you could see how traumized I peaked out, overwhelmed, very nervous & high anxiety & freeze at Plea hearing, March 21, 2019. I went from MCC to a cage for 4 hrs into your court room Your Honor. The crowds, conditions & overly so much pressure & not able to comprehend mind went blank. The fobia was so bad, my heart was almost coming out my Chest worst than when I take test. I had a lot past mental problems from recentl.

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settlement Christian Brotherhood at  
 Stanleys Bay St Louis, Mississippi  
 Catholic School. I was molested by  
 Brother Raymond. The brotherhood  
 tried to cover the incident up & settle  
 the case for only \$6,000.00. I had  
 Dead ineffective counsels used scared  
 tactics to make me take the take it  
 or leave it offer. I was so depressed  
 I almost committed suicide. I lived  
 with pain & anger rage recently.

I have to thank Donald J. Trump, Anthony  
 Robbins, Zeek Zigel, The Power & Secret  
 for saving my life. I went to Burns &  
 Nubbe & was like a bicycle mechanic  
 doing a mechanic job. I needed self  
 help tapes. They defused me temporarily  
 & anger relief. I just had another  
 upset the day before the incident  
 that happened. Why we are here my  
 mother son. Terry settled the same  
 case for over 1.6 million dollars.

I also just went to jail & a lot of our  
 anger why we are in jail has to do  
 with built up from past. All we did was  
 protect & believe in our faith & our  
 belief religion let's down. I also just  
 recently lost my grandparents.  
 The one day I never wanted to face.

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Then major tragedy my ex fiance  
 was in a car wreck & 15 hrs in surgery.  
 Plus I had 60 to 70 bad people stage,  
 robbed, scammed & got over on me for  
 being too nice. I will add \$18,000.00  
 worth of damage to my Van stickers  
 Supporting President Trump, I almost  
 lost my life over it. The liberal left  
 Democrat leaders encourage attack  
 & violence. I had moved to Asheville,  
 N.C. to attend school & work at  
 Pizza Hut Fairview Rd. After I parked  
 my Van. The follower liberal left cut  
 my Fuel lines & disconnected my  
 ground wire. If they had disconnect-  
 ed the correct wires, my van would  
 have blown up. I was on front lines  
 of war between right & left. I went to  
 Chicago, IL rally liberal left followers  
 attacked us & shut down rally & chasing  
 us with bats, rocks, even as far as  
 throwing mortal cocotails. We filed  
 6 police reports. The Mayor Emanuel  
 of Chicago had police stand down order.  
 The violence grew on both sides. What  
 started off as funny how people were  
 acting on both sides night & day. I became  
 apart of the nightmare. The ideology  
 sicked you in. I have never been

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involved in Politics or ever will again. Politics sucks you in Radical on both right & the left. I first laughed at the attacks on myself. Then the followers of the left almost blew up my Van up with myself inside. It was not funny any longer. The followers went after my life & the democrat leadership encouraged these acts. In these last 6 months has been extremely tough. I lost my entire life basically. Steroids, psychological mental problems, I want to thank you Your Honor, I am forever in deep Remorse.

Sincerely

Real A. Salazar Jr.  
Cesar Acosta Box. #  
17781-104  
MCC NEW YORK  
150 Park Row  
New York, N.Y. 10007

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Your Honor Ted S. Rakoff: Sir.

I do not want to make excuses for my actions. I want to express my deepest Remorse & Forever Sorrows to All victims. I just like to express the why& clarify to yourself wondering why, To understand what built up to this.

You have to understand my past. I looked back into my past. My name is Cesar ALTIERI SAYOC Jr. [redacted] age 57

From Paradise, Aventura, Hollywood Beach, Miami, Fla. I am an American, Philippines, Italian, with Seminole Indian Heritage traits Roman Catholic & Jewish.

I was raised by 2 wonderful grand parents From Torro Del Greco & Bare Italian motion picture star Jewelry & loan business

Who use to help poor black people with like my second father Bishop Washington

Beth St Brooklyn, N.Y. Bishop Washington a great man was like a 3<sup>rd</sup> father. My mother Madeline SAYOC Giannello who who business

women of yr & first women presinent of Cosmetic Association in 50 yrs Also who

Raised myself my second mom Housekeeper African American lady ANNIE Alexander.

We were from Bay 8<sup>th</sup> Bensonhurst,

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Brooklyn, N.Y. 1401 Cropsey Ave.

my father Cesar Zook Sayce Sr.

He left everything my grandfathers businesses & he relocated us to Paradise Golden Shores Sunny Isle Beach, Fla. He took us away from family, Friends, Businesses & my dream becoming a Veterinarian& love of animals & help abused ones, my father second Mortgage our home businesses & Cleared out our College bank accounts. Our grandfather had put money in weekly. The Marshall's were coming the next day to Foreclose on everything & put us on street. My wonderful mother almost committed suicide & left us 3 orphans. She was a modern day wonder women trying to balance a home, my 2 siblings & myself. I was hyperactive, with learning disabilities, on Ritalin read sentences backwards frustrated & test fobias. My mother wanted the best schools for myself.

First I attended Public Tutoring, I then needed disciplinary military schools Florida Air Academy for 2 yrs. in 1974, I was put in Catholic Schools St Stanlaus, Bay St Louis

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MISSISSIPPI. Brother Raymond was R.T. (Resident Tutor) talked to my mom into not calling or answering myself. He Raped, Penetrated, & molested en prisoned myself for over a year. I explained to my mom "get me out of here now or I would kill myself." I did not tell her why & kept quiet about incident. She rushed to take me out of school & back to Miami, Fla. I was getting crazier in my head. She tried 3 times to committ myself to Psych hospital, but as you know by law. The person who you are trying to committ has to be willing to be committed. I fought my mother to be committed. I did not speak of the rape, molestation for over 40 yrs. I was raised always to protect the Church at all cost growing up. I finally had time to think & then confided in a friend Don R. Jones a ATTORNEY & U.S. Marine in Miami, Fla. I met Don in a Club I worked for in Miami FLA. We became friends. We would confide about girl friends from past & present. I went back to my home & called St Stanlaus, Bay St

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Louis, Mississippi, catholic school.  
 I asked if Brother Raymond were still there. He was still there & there were no reports of misconduct on Brother Raymond. In turn, I Finally AFTER 4 hours in darkness, I confided in Don R. Jones. I broke down almost to the level of suicide. Don R. Jones P. A. recommended his attorney friends Law Firm Herman law. Herman law took me to Chicago, IL to meet with the brotherhood for 10 hrs. The Brotherhood tore me apart on Camera. I forgot my roommates & that was deciding factor. The brotherhood sided with Brother Raymond & gave me alternative take it or leave it deal \$ 6,000.00 settlement. I was deeply depressed, low self esteem, confidence, self worth, anxiety, panic, phobias, psychologically damaged, scared for life, a growing rage anger, let down, anti social, loner, etc. A lot of people who have gone through what I have gone through. Do not make it. It has been a growing problem through the church today.

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They have endless law suits. All I will say thank goodness for self help tapes. IT was a temporary bandaid over my growing problem. If it was not for self help tapes. We would have been here. I held in myself for over 40 yrs. Thank God almighty for self help tapes. I seeked from Barnes & Noble, Donald J. Trump, Zeek Zigler, Anthony Robbins, The Power, The Secret CD's. I was like a bicycle mechanic doing a mechanics job.

I had to get away fast & cool down. The anger rage I felt for over 40 yrs. My attorney at Herman Law advised me completely wrong. I found out later I had bad council. They had instructed myself to take \$6,000.00. My mother friend Son had same exact case. He was molested, raped & settled with the church 1.6 million dollars. I recently found out. I was deeply upset depressed low self esteem, no confidence, let down, loner, scared, shaking, in a silent rage, felt complete let down. A religion I lived so much disappointed myself. I was a shy person religiously. My mother friend son is in prison also.

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let down I then in turn went back into Entertainment business touring male & Female dance shows nationwide, I had to get away & not think about the end result of church. I asked for help & people shunned myself. I was upset needed help. I was suppose to seek help from psychologist to be put on meds to help with depression. The psych let me down & did not help me. I then purchased a trailer & the business failed. Do to entertainment had changed throughout world, because of internet, Again I looked back into past, what had built up today why I ended up here MCC New York.

I had many businesses, I helped people out financially 60 to 70 past failures disappointments helping people. I never took ACTION or retaliated. People I thought I could trust over, over, over again. They used myself like a doormat. I wrote off A lot of money, my motto was, if they screwed me, I would always say they needed it more than myself. I will give you an example Your honor with world

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respect. I was talked into Dry Meaning business & I had left my touring show, which was very successful. I helped a friend & saved his life. He was in with a bad crowd & Drugs. I saved his life & channeled him into business. I had left my touring show, which was very successful. He then took kindness for weakness & Robbed myself daily. He stole hundreds of thousands of dollars. IT was a great business. I caught him. Shortly after I call FPL (Fla Power (light)). They tried to extort \$174.00 deposit. I wish I had paid \$174.00. They had 3 deposit & I STATED IF I DOLNOT PAY SHUT me OFF! FPL in turn became really rude & refused myself to talk to her manager. "I said" mom jokingly are you kidding, Do I have to blow up building to talk to someone. IT was very stupid, IT was all over \$174.00 Deposit. I had 7yr probation. I had many business ventures trusting people. A lot of them had an angle to take advantage of myself. They looked to myself as weak. They took kindness for weakness.

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I always worked legally never ever illegally. In 2008 I lost everything with the big financial crisis. I worked hard long hours into the nights. My average work week was 116 hrs. I loved people of all creeds & colors. I loved to work & make a lot of money. People I helped the majority of the time took advantage of my goodness. I loved to be a workaholic. It kept me healthy, wealthy & wise & out of trouble. I was so tired of working so hard & then being taken advantage of. I had become a loner. You do not become a loner over night. All I wanted was good friends & they only seen myself as weak & easy target. My mother stated, "When are you going to learn". Do not be nice to everyone. But I could not change, who I was. HELP people no matter what. GOD word & ONLY way. my judgement of people was way off. I lost ALOT money through lending them money. & TRUST. My moto was my word is my bond. People had really let me down TIME & TIME again.

AFTER my road show young

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nationwide failed again. I had to do something new to make money. I then ventured into College ranks & wanted to teach College Coach Soccer division 1, 2, 3, NAIA & Jr College. I had 24 yrs of experience playing semi pro & professional soccer in North Carolina & So Florida. I had the ability to recruit & be successful & deliver a national title within a 3yr period. The problem I lacked a 4yr degree. I only had a 3yr college education. I needed a masters degree. 4,000 Colleges around Country except B.U. in Mass. You needed a degree. You have to have either a master or Doctorain Degree. I did not have neither. I went ahead & applied to 50 colleges & the response was overly the same. They expressed interest, but one requirement you needed to be met in order to proceed further.

I was then reconnected with my college & high school friends. They were all JUDICIAL, FBI agent, Secret Service, STATE POLICE police in Florida. I wanted to become

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in undercover law enforcement.  
They all use to come to our club  
to celebrate events. I wanted to  
become a part & help assist in crime.  
But they informed me I can't/not  
become part OF Law enforcement do  
to, I had a pretty past criminal  
reconcl.

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

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I also have relatives Miami Federal Judge PHILLIP Bloom. He passed away 2 yrs ago. Congresswoman Elaine Bloom, of Fla.

One thing I am greatful for is my long time relations Judicial, law Enforcement. From ICE, FBI, STATE & LOCAL POLICE.

I love ASSISTANTS & appreciate them. Forever great ful keeping everyone safe.

I then met a guy Kevin Machado in Racetrack Gas Station in Miami Gardens, Fla. We had a lot in common. We attended the same high school. Kevin worked at Papa John's. He worked in Sunny Isles Bch, FLA. It was paradise. He had graduated top honors from FAU (FLA ATLANTIC UNIV.) He was a

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-top school teacher. He wanted to work a safe job with no stress & not deal with lesson planning. He told myself, he had made fantastic money. I then applied. He helped forwarded my application. I was hired. I never thought to work a job to deliver pizza. It was the job you do struggling to pay for college, at age 21, 22, 23. As happy as I was working, I was able also deeply depressed. I was lost at age 28 like I was in my 50's. All of my friends were very successful with big houses, kids, degrees, own businesses, professionals, no criminal records, not even a parking ticket. It was eating away at myself & fear of failure. I had to live up to a great man my grandfather on my father side. He was the great Col. Balazar Sayoc, of Philippines. He was the one who refused to join Socialist Communist Party Marcos Regime. He came from Philippine mountains with freedom.

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Fighters will have to liberate & free  
 PHILIPPINE People. He rebuilt hospitals  
 & he was a world famous PLASTIC  
 Surgeon. HE was the first Plastic  
 Surgeon to be observed in N.Y. CITY  
 Hospital by 8 million people to  
 convert Oriental eye & reshape the  
 American Eye. All of his instruments  
 are patent & used by top Plastic  
 Surgeons worldwide. All male S.A.S.  
 males live in Dangerous levels  
 Deep Depression. When you go through  
~~LIFE~~ as a loner & depressed. You have  
 to treat & be willing to submit to  
 start process of healing & release  
 past suppressed build up ~~tragedy~~  
 & Anger. IT will eat away at you  
 left untreated medical problems.  
 The worst thing can happen to  
 yourself. POLITICS. IT IS SOMETHING  
 I wished, I had never come  
 along into my life.

See you can't understand it until  
 you become that person. Politics  
 is dirty, ruthless, deadly. I have  
 never in my life ventured into  
 Politics. I did not know the difference  
 from Democrats, Republicans, Independ-  
 ents, Green Party etc. I am very

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Naive & impressionable, I had no clue what was going to happen. All I knew was Politics is very dangerous. I wish Almighty God, I had never ventured. I never had anything to do with aggres-  
ever. IT IS A POISON. IT WILL DRIVE YOU CRAZY like IT or not. Once you get caught up, you can't get OUT. All I knew about Politics was taxes were high, taxes were low, Economy was bad or back. Whoever was President received the blame.

The worst thing happened, I was no longer part of a team running the country. All of my beliefs had relocated to other parts of country. Every person I met tried to use myself. So I secluded myself from everyone. I didn't even know about social media, TV, facebook or Twitter. They are weapons that twist & destroy minds for. They are real weapons of mass destruction.

I was viewing my phone & Facebook. of Donald J. Trump popped up & they showed his Cabinet. Then after dinner event Obama

(S)

Roast & Several Elite People verbally roasted Donald J. Trump. The very next day Donald Trump decides to Run for President. A short time after I saw a RALLY AD advertised in West Palm Beach, FLA, Fairgrounds.

So I donated \$100.00 & received my CONFIRMATION FOR RALLY & TRUMP STICKERS. See I didn't know about Trump the Political guy. I knew of Donald Trump The Playboy, with USFL with Hershall Walker the greatest runner ever, The apprentice, big properties, all of his clothing line & suits. etc. Everyone wanted a successful nail model, that did ITALI, it went from 95 million in hole you worth over 10 Billion, dollars. He helped everyone Black Builders, the Casinos, everyone wanted to follow Trump before he ran for Presidency. The First Thing you hear entering Trump rally is we are not going to take it anymore, the forgotten ones, etc. You met people from all walks life, creed, color, etc. It was fun it became like a new found drug. I was never feeling to this new drug rally. Everything that happened to myself from

HIS CD Donald Trump I was forever  
grateful for Trump I didn't know  
him, but his CD's SELF Help tapes  
that saved myself reprogramming my mind.

When I was molested by a Priest,  
Bullied, People robbing me, etc.  
advancing all starting come to  
ahead & rash of suppressed anger growing.

You were no longer a loner & becoming  
part of something, like you  
weren't at a Rally, it was all over  
social media, T.V., radio, Facebook,  
Twitter. Thus Political war between  
the right & (EF: Facebook, Twitter)  
Social media became like a video  
game, Someone would send an attack  
TEXT & then you would TEXT back.

It was the most vicious political  
election. I was getting surrounded  
up in this new found fun circle.  
I had attended rally in Miami,  
FLA, Ft Lauderdale, FLA & Chicago,  
Ill. I was attacked by leftist  
Fidatics, Democrats encouraged  
by leadership. I later found out  
from TV social media (George Soros),  
Hillary Clinton, Barrack Obama,  
others took out ads on Craigslist  
LIST PAYING upwards of \$1,500.00

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to radical left wing organizations  
 to ATTACK conservatives & Trump  
 supporters in public & SHUT down  
 Rally's. The democratic leadership  
 tried to blame Bernie Sanders.  
 Among them was ANTIFA, Democrit  
 Socialist, etc. They were extremely  
 violent, throwing Bottles, Rocks,  
 Swinging Bats, even throwing  
 Molotov Cocktails. I arrived  
 back to SoFla from Chicago,  
 ILL mayor Emanuel had police  
 on stand down order.  
 The leftist leadership encouraged  
 their followers violence & 1800's  
 worth of damage to my Van.  
 My Van was covered with stickers  
 supporting Trump.  
 I LAUGHED at first, it was  
 ridiculous how people were reacting  
 to violence on both sides. I had  
 reported 6 police reports. The  
 level of damage ranged from  
 windows, tires, slashed doors  
 totally destroyed & totally breaking  
 my property & stolen. Then President  
 Trump wins white house. I go  
 to inauguration in Washington, D.C.  
 More attacks became frequently.

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I was attacked on train  
back from migration to  
Maryland where I stayed  
in a hotel. Everywhere  
I drove it was met with  
fierce resistance. The more  
it happened the stronger my  
resolve come to continue to  
advertise President Trump  
message to make America  
Great & Safe again. I then  
had plans on returning  
to Brevard College, N.C. to  
complete my B.A. degree.

I carefully planned my  
completion of my B.A. degree.  
I moved to Asheville, N.C.  
In March 2017 to work for  
Pizza Hut & attend school  
in Brevard, N.C. I had worked  
tirelessly for hours to complete  
my degree. I had left 3  
years of college degree  
uncompleted from 1981.

It is my life long dream  
to finally complete my 4 yr  
degree. My finances were  
short. I was working for  
Pizza Hut. I was attacked

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by leftist radical groups & violence grew. The radical liberal leftist Democratic leadership was encouraging their followers to carry out violence. The leftist leadership on many video's. From Eric Holder new democratic party kick & attack them, Joe Biden take them out back & attack & punch them, maxin waters get in Trump supporters face chase them & attack & push back on them. You are not wanted here, Cory Booker don't just go home go to Hill & get in Trump supporters & Congress face, Kamala Harris, Barrack Obama, John Brennan, James Clapper, Hillary Clinton, Tom Steyer & Co. Their false narrative divided the country & not reporting the facts & real news. The media false narrative divided the right from the left & encourage violence seen across the country daily & nightly. It was so bad the leftist followers had cut my Fuel lines & Battery straps, that grounded my battery. My mechanic from Asheville, N.C. had informed myself, "that if the liberal left followers had disconnected the right wires. I would not be here today." They also punctured my coolant lines, which caused my engine & head gaskets to crack. I had to replace my engine & rent a car. I had to

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pay the bill with my college money.  
 I had saved for over 10 yrs 2 wks  
 prior to the liberal left had blown up  
 a Republican Headquarters in Asheville,  
 N.C. I almost went to visit. It had  
 begun to snow 6°. The weather was so  
 bad for 4 wks. I could not work due to  
 the snow & bad weather. I returned back  
 to So Fla to work at Papa Johns. The  
 founder John Shriver had stated a racist  
 comment concerning Colin Kaepernick & NFL  
 Kneeling. The Papa Johns Founder had  
 caused our drivers to be executed in Harlem,  
 N.Y. 3 in Nogina Bch, Fla, 2 in Hollywood,  
 Fla, 3 in West Palm Bch, Fla. I hisc. became  
 a target many times. I felt my life was  
 in danger. I had to work delivering  
 Pizza to no go zone areas, such as Liberia,  
 Hollywood, Fla 3 murderers a month, Foster  
 rd Hallandale Bch, Fla 7 murderers a month,  
 West Park, Hollywood, Fla 3 murderers a  
 month. There were constant attacks  
 from leftist leaders Followers daily.  
 The attacks were so vicious a 15 yr old  
 kid pulled out a gun on myself. I walked  
 away. I delivered Pizza for Pizza Hut.  
 The leftist went as far as emulating my  
 boss trying to have me fired with  
 false Allocations. My bosses had to

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investigate the facts. The attacks continued day after day, on into midterm Elections, as social media, Fox, CNN, NBC, CBS, ABC, mSNBC, Facebook, Twitter; propaganda, political messaging & leaders leftist encouragement promoting violence (continued conspiracy), false information. Attacks did not stop.

The idea first was how to tone down the liberal left violence platform. IT was a crazy political time ever witnessed in American history. The violence propaganda was so intense there was no ESCAPING Political Politics. It was so bad, I had friends that disassociated with myself, [REDACTED], [REDACTED], [REDACTED]. No matter, they never before in my past ever was political. No matter where you went. You cling to IT like a drug addict [REDACTED], [REDACTED] [REDACTED], [REDACTED].

I was the most scared time in my life. Whether a drug or ideology, IT IS something. Plus I was using heavy amounts of steroids, 274 different Supplements, VITAMINS & GLT etc. All I have to say is wow, none of my friend wanted to help me with this addiction. [REDACTED]

[REDACTED] [REDACTED] [REDACTED]  
 bottom line people. People observed my face [REDACTED] they saw [REDACTED]

April 24, 2017 people had analysed myself. I could not believe it was myself. I had never even seen myself react that way before to anything & not being able to pull myself back.

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I went from a beautiful life, cars, women, big houses, success moderate thinking. I was not far right, not far left. Politics is a very sickly dangerous ideology for a person of my nature, that never knew anything about politics before. I was not able to pull myself back from this sickness I had & needed help. I have never cared for or ever will again.

I was not in right state of mind at all when this occurred. I can not say enough how remorseful with all my heart sorrow over & over again.

Your honor I have learned a very valuable awaking lesson, I will never be apart of

5.3.

again any politics. Especially at my age 57, I was 10 yrs away from retirement. I had a perfect life. I had 3 bills, one was credit card bill, a cell phone bill, car insurance. I had a perfect job \$1,000.00 a week, 30 minutes on the beach every day & train at LA Fitness gym 2 times daily. My friend & business partner were just getting a business of Tax & Recycling Plastic company started. We were partners with U. S. Government. I was too busy & Politics had no room in my life.

I lost everything from this Political nightmare devices. I lost over \$120,000.00 & my credit was destroyed. I am a sincere, emotional, good hearted, workaholic, caring, loving human being with endless potential. I am & always the one to preach to everyone to stay out of trouble & walk a straight line. I have constantly educated the youth about staying out of trouble & out of the system. Emotional Good hearted, It can

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happen to anyone there is no  
prejudice. When you have a mental  
problems, naive, impressionable,  
weakness & a loner. You watch Politics  
on both sides Right & Left. You  
bring to it worse than a circus.

Politics you play with your life  
& freedoms. I want to appologise  
with my entire self, heart,  
sympathy remorse without  
excuses to all the victims, your  
your honor, prosecutors, FBI  
police & all America. I will  
never again ever venture into  
ever again Politics. ~~EVER AGAIN~~

~~WONDERFUL~~ I made a mistake in  
forever sleep remorse overly emotional.  
LIFE IS SO WONDERFUL. You have  
to appreciate the simple things  
every second, every minute &  
everyone who ever comes into  
your life from all walks of life.

I am not the same person,  
I was at time of this nightmare  
happened in October 2018. I have  
changed in a very positive way &  
God has guiding me into the light  
of change & Forgiveness release past hurts.

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I admit mistakes as a human being & have learned to release blames from past hurts from others onto myself. To live as God does forgive my enemies. I will do whatever you ask Your honor to make up for my error. I am a very good person to everyone. I lost my head, steroids literally growing anger. I made a bad choice taking them to help enhance their work. I lost control of myself & mental state from them. I am a very nice, impressionable, stupid & clinged to ideology. I had no idea how to grab hold of myself. I will close this! Those who want to hurt you, don't win. And those who you beat back & then you destroy yourself.

Your honor Judge Jed S. Rakoff Sir. I ask for another chance. I will like the opportunity to keep doing positive things for my family & the community & to my family. I have some goal I want to accomplish, if I get the opportunity once again to be a productive member of the community. I would like to be a speaker to youth & other organizations. To denounce violence & always to think before acting. You have my word. I have learned a very

valuable lesson to always stop, think,  
ask to put a stop to Anger & minds,  
thoughts of calm reaction & let go of  
negative emotions. I will make you  
very proud. Thank you for considering  
not giving me the fullest extend of  
punishment of my sentencing guidelines.

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Sincerely:

Craig Clutter, Lawyer Jr.

10ESAN ALTAIR, Lawyer Jr.

#178-17781 (44)

MCC. NEW YORK

TBD PARK, Attorney

NEW YORK, NY, 100-7

Your honor I would also like to start  
a non profit organization for loners  
& hurt people. So people will not lean  
& go down the same path that I did. I  
can change so many lives through  
touring throughout the US. There  
are a lot lonely people, that feel helpless  
left back & cling to ideology. I would like  
to make a difference & change in the world.

I want to make you proud & path to  
recovery, which already has begun. Thank  
you Your honor